

A BOOK TO BLESS OUR FIRST PERCEPTION

A Course in Miracles is a large, heavy book with small print. In older editions, it was printed on India paper, as in Bibles, giving it an even denser and more mysterious aura.

For over thirty years, this book has been within my reach. First at my mother's house, then at mine, thanks to Sérvio, perhaps the only person I know who has gone through the *Course* without interruption. From Lesson 365, he immediately returns to Lesson 1, in a continuous movement that has lasted for decades.

However, it was only two years ago that I decided to leaf through it with real interest. Even so, when I opened it like an oracle, my first impression was repeated. The book was thick, difficult, intricate enough that I couldn't even finish the paragraph 'intended' for me at that moment. It was then that, in a group of friends, the idea arose to study the initial chapters before doing the exercises. I accepted the challenge with a single thought in mind: 'If I don't understand anything, that's okay.'

And without the obligation to understand, the book seemed to lose weight in my hands. It was no longer so thick. The letters no longer seemed so small. And its presence ceased to be an impenetrable mystery and became a living presence. Today, I study with my own copy, no longer the traditional India paper, and I realise that the true weight was never in the form. It was always there, waiting for me to see beyond it. After two years of walking this path, I can say with serenity: The dense appearance of the *Course* is not an obstacle that reserves it for the few. This is the first insight to be delivered and blessed by the Holy Spirit.

The structure of the book teaches us, from its navy blue hard cover with gold lettering, to be disciplined and, above all, persistent. For me, its material firmness is a promise... a promise that every difficulty is nothing more than an illusion. And that no matter how many times we judge the form, the Miracle will always be waiting for us.